



## RTC Cajun Chicken Breast Fillet

FMI Code	93500
Brand	Fair Market
Cook Level	Ready to Cook
Type	Chicken
Case Pack	20 lbs
Storage	Frozen
Pallet Configuration	6 x 5—30 cs per pallet
Net Case Weight	20 # bulk
Gross Case Weight	22 #
GTIN	90054043935006



### Preparation Instructions

Must be cooked to an internal temperature of 165°F as measured by a thermometer.

### Ingredients

Chicken, Water, Containing up to 12.5% of a solution of water, salt, spices, modified food starch, sodium phosphates., Pre-dusted and Battered with: wheat flour, water, salt, spices, extractives of paprika., Breaded with: Wheat Flour, Breeding set in Vegetable Oil, Modified Potato Starch, Sodium Phosphate.

### Nutrition Facts

servings per container	
<b>Serving size</b>	<b>(100g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>150</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 3740mg	<b>163%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 10g	
Vitamin D 0mcg	0%
Calcium 14mg	2%
Iron 1mg	6%
Potassium 236mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Allergens: Wheat**